



PARENT POINTERS ON THE TODDLER ROOM

The time is near! Here are some suggestions for when your child makes the transition into the toddler room:

- We do not offer breakfast in the toddler room. It is a good idea to offer your child a healthy breakfast before school.
- We offer a morning snack at 9:00 a.m. and an afternoon snack at 4:00 p.m. If your child is not at Munchkins by 9 a.m., please offer snack at home. We serve lunch at noon. Please provide us with a healthy lunch, a sippy cup of juice or water AND if you prefer, a sippy cup or bottle of milk/formula. We are happy to heat up foods
- As you can imagine, preparing lunch for up to 15 toddlers can be a bit hectic. PLEASE, PLEASE, PLEASE cut your child's foods into size appropriate portions and label all lunch items (containers, ziplocs, bottles, cups, yogurts...). We need foods cut up at school even if your child eats certain things whole at home (grapes, hotdogs, carrots...)
- Please label every item in your child's lunch and the outside of his/her lunchbox
- Please work on phasing out jar foods at school. Pack foods that your child can practice eating with his/her fingers
- We will no longer record how much he or she drinks throughout the day.
- During the summer/fall months your toddler will be spending a lot of time outside. Please dress him/her accordingly.
- Please bring a sun hat that can stay at school for outside play.
- Please dress your child in shoes that will stay on his/her feet.

Your child's day is a lot different in the toddler room. We work on more structured group activities like art, circle time and various small group activities. Being more independent is part of our toddler routine. We really encourage our toddlers to discover their capabilities (discovering large and fine motor skills, feeding him/herself, following directions, speech/language development, social/emotional development and sleeping independently).

Thanks for sharing your toddler with us. We understand that becoming a toddler is a new and exciting experience for the whole family so don't hesitate to call on us with any questions!!

Love,

Munchkins