

AGENDA
INTERGOVERNMENTAL WORKSESSION
Town of Mountain Village Hosting
Participants: Telluride, Mountain Village, Ophir, Norwood, Sawpit, San Miguel County
1:30 pm, Monday, February 12, 2018
Mountain Village Town Hall Conference Room


	TOPIC	SPONSOR/SPEAKER	TIME
1.	Introductions	MV Mayor Laila Benitez	5 minutes
2.	Waste Water Treatment Plant Master Plan Update	Paul Ruud	45 minutes
3.	Behavioral Health Program Update	Paul Reich	45 minutes
4.	Updates From Other Jurisdictions		15 minutes
5.	Other Business: Next Meeting May 14 – Confirm Host		5 minutes
6.	Adjourn		

Distribution:

<p><u>Town of Mountain Village</u> Kim Montgomery kmontgomery@mtnvillage.org Jackie Kennefick jkennefick@mtnvillage.org Dan Jansen djansen@mtnvillage.org Patrick Berry pberry@mtnvillage.org Paul Oupadia poupadia@mtnvillage.org Dan Caton dcaton@mtnvillage.org Jack Gilbride jjgilbride@mtnvillage.org Bruce MacIntire bmacintire@mtnvillage.org Laila Benitez lailabenitez@mtnvillage.org Michelle Haynes mhaynes@mtnvillage.org</p>	<p><u>San Miguel County</u> Lynn Black lynnb@sanmiguelcountyco.gov Joan May joanm@sanmiguelcountyco.gov Kris Holstrom krish@Sanmiguelcountyco.gov Hilary Cooper hilaryc@sanmiguelcountyco.gov Amy Markwell amym@sanmiguelcountyco.gov Nina Kothe ninak@sanmiguelcountyco.gov Mike Rozycki miker@sanmiguelcountyco.gov Lynn Padgett lynnp@sanmiguelcountyco.gov Jennifer Dinsmore jenniferd@sanmiguelcountyco.gov</p>
<p><u>Town of Telluride</u> Ross Herzog rherzog@telluride-co.gov Tiffany Kavanaugh tkavanaugh@telluride-co.gov Kevin Geiger kgeiger@telluride-co.gov Sean Murphy smurphy@telluride-co.gov Todd Brown tbrown@telluride-co.gov Jessie Rae Arguelles jarguelles@telluride-co.gov Geneva Shaunette gshaunette@telluride-co.gov DeLanie Young dyoung@telluride-co.gov Lars Carlson lcarlson@telluride-co.gov Tom Watkinson twatkinson@telluride-co.gov</p>	<p><u>Other Towns and Entities</u> SMRHA: Shirley Diaz Shirley@smrha.org Ophir: Randy Barnes admin@town-ophir.co.gov Sawpit: Mike Kimball michaelnjoyce@msn.com Norwood: Patti Grafmyer grafmyer@norwoodtown.com Rico: Kari Distefano townmanager@ricocolorado.gov Telluride R-1 School District mgass@telluridek12.co.us bkallas@telluride.k12.co.us Telluride Library slanderyou@telluridelibrary.org Lawson Hill HOA Pam Hall lawsonhill@gmail.com U.S.F.S. Corey Wong cwong@fs.fed.us Telluride Fire District jbennett@telluridefire.com TMVOA anton@tmvoa.org Telski Robert@telski.com bjensen@tellurideskiresort.com</p>
	<p><u>Media</u> KOTO News news@koto.org Telluride Daily Planet editor@tellurideneews.com</p>

**TRI-COUNTY HEALTH NETWORK
REGIONAL BEHAVIORAL HEALTH UPDATE**

INTERGOVERNMENTAL MEETING
FEBRUARY 12, 2018




TOPICS

- MENTAL HEALTH FIRST AID-YOUTH AND ADULT
- TRAUMA INFORMED CARE
- REGIONAL CRISIS SERVICES
- PRESCRIPTION DRUG DROP-OFF FACILITIES
- TELETHERAPY IN SCHOOLS
- SAN MIGUEL COMMUNITIES THAT CARE COALITION
- NORWOOD COMMUNITY COALITION
- ONLINE REGIONAL BEHAVIORAL HEALTH GUIDE
- UPCOMING EVENTS



**SAN MIGUEL REGIONAL
BEHAVIORAL HEALTH COMMISSION**

Community Member	Mandy Miller	Community Member w/Lived Experience
Education	Mike Gass	Telluride School District Superintendent
Law Enforcement	Jim Kolar	Telluride Town Marshal
Medical Community	John Gardner	Telluride Medical Center
Medical Community	Scott Bookman	Uncompahgre Medical Center
Mental Health	Shelly Spalding	Center for Mental Health
Non Profit Community	Lynn Borup	Tri-County Health Network
Non Profit Community	Riley McIntyre	San Miguel Resource Center
Social Services/Govt.	Carol Friedrich	San Miguel & Ouray CO Social Services
Non Profit Community	Paul Reich	Tri-County Health Network-Facilitator



MENTAL HEALTH FIRST AID CPR FOR THE BRAIN

Adult Mental Health First Aid

- To assist adults who may be experiencing a mental health crisis or the beginnings of a mental health or substance use disorder
- 1 in 5 Coloradans will experience a mental health or substance use disorder in 2018
- 225+ trained in 2017
- January 2018:
 - 18 Telski Employees
- February 2018:
 - Feb. 13—Mountain Village Staff
 - Feb 17—Rotary Club

Youth Mental Health First Aid

- For adults who work with youth ages 12-18
- 50% of all mental illnesses start by age 14
- 75% start by age 24
- 100 + trained in 2017
- January 2018:
 - 26 Telluride School District Staff



TRAUMA INFORMED CARE

- Training to organizations and agencies to help them understand the role of trauma in informing present behaviors, how to be sensitive to the issue in the lives of their clients or employees
- Trained staff at the following agencies:
 - Uncompahgre Medical Center
 - Telluride Ski & Golf
 - Telluride School District (Feb 13-15)
- "To gain a greater understanding of trauma-sensitive practices in school and advance your expertise to promote and nurture the ability to adapt to adversity and trauma among staff and students."



REGIONAL CRISIS SERVICES

- Meeting with key stakeholders October 2017 & January 2018 to identify issues and explore solutions
- Identified 4 main priorities:
 - Standardize triage and evaluation of individuals and evaluation by Center for Mental Health Crisis Team, and the use of the Rocky Mountain Crisis Line
 - 24/7/365 Trained & Certified practitioners in San Miguel County to respond to crisis incidents
 - Detox unit and Walk-in Facilities in San Miguel County
 - Crisis Stabilization Unit in San Miguel County w/walk-in services



REGIONAL CRISIS SERVICES
SAN MIGUEL COUNTY EXPERIENCE

JULY 2016-JULY 2017

- FACE TO FACE CRISIS ENCOUNTERS
 - 23 SAN MIGUEL
 - 682 MONTROSE
 - 106 GUNNISON
- M-I HOLDS
 - 14 SAN MIGUEL
 - 150 MONTROSE
 - 36 GUNNISON
- ROCKY MTN CRISIS PARTNERS CALLS
 - 121 SAN MIGUEL
 - 1323 MONTROSE
 - 267 GUNNISON
- CALLS DIRECT TO CRISIS SERVICES
 - 54 SAN MIGUEL
 - 652 MONTROSE
 - 123 GUNNISON

The County Health Network

REGIONAL CRISIS SERVICES
SAN MIGUEL COUNTY EXPERIENCE

**OCTOBER 2017-
JANUARY 2018**

- 16 CRISIS EVALUATIONS
- 7 OF THE 16 INVOLVED 2 INDIVIDUALS
- WAIT TIME '0' MINUTES TO 2.5 HOURS
- 3 M-I HOLDS--5, 7 AND 9 HOURS


The County Health Network

PRESCRIPTION DRUG DROP OFF FACILITIES

TO PREVENT THE IMPROPER DISPOSAL OF PRESCRIPTION DRUGS IN TRASH OR IN TOILET

TO PREVENT THE USE OF PRESCRIPTION DRUGS BY INDIVIDUALS OTHER THAN THOSE FOR WHOM THE MEDICATION IS PRESCRIBED

UNCOMPAGHRE MEDICAL CENTER
TELLURIDE MARSHAL'S OFFICE



Uncompahgre Medical Center Pharmacy

Telluride Marshal's Office

The County Health Network

TELETHERAPY IN SCHOOLS

- TELLURIDE SCHOOL DISTRICT
 - 12 students served
 - Bilingual therapist
- NORWOOD SCHOOL DISTRICT
 - 2 students served
- WEST END SCHOOL DISTRICT (SEPARATE GRANT)
 - 8 students served



SAN MIGUEL COMMUNITIES THAT CARE COALITION

- 21 KEY LEADERS
- 40+ COMMUNITY MEMBERS
- IDENTIFIED PRIORITY RISK FACTORS AND PROTECTIVE FACTORS
- RISK FACTORS: CHARACTERISTICS OF A YOUNG PERSON OR THEIR ENVIRONMENT THAT MAY INCREASE THEIR RISK OF ENGAGING IN PROBLEM BEHAVIORS
- PROTECTIVE FACTORS: EXERT A POSITIVE INFLUENCE AND MAY SHIELD A YOUNG PERSON FROM THE NEGATIVE INFLUENCE OF RISK



PRIORITY RISK AND PROTECTIVE FACTORS

- | | |
|---|---|
| <p>RISK FACTORS</p> <ol style="list-style-type: none"> 1. COMMUNITY LAWS AND NORMS FAVORING SUBSTANCE USE 2. PARENTAL ATTITUDES FAVORING SUBSTANCE USE 3. ATTITUDES FAVORING SUBSTANCE USE (AND PERCEPTION OF HARM OF SUBSTANCE USE) BY YOUTH | <p>PROTECTIVE FACTORS</p> <ol style="list-style-type: none"> 1. OPPORTUNITIES FOR PROSOCIAL INVOLVEMENT IN FAMILY, SCHOOL AND COMMUNITY 2. RECOGNITION AND REWARD FOR PROSOCIAL INVOLVEMENT IN COMMUNITY |
|---|---|



YOUTH USE: REALITY VS. PERCEPTION

ADULTS ASSUME THAT MANY YOUTH ARE USING SUBSTANCES
YOUTH ASSUME THAT MOST OF THEIR PEERS USE SUBSTANCES

- 70% OF SENIORS AND NEARLY 75% OF SOPHOMORES **DID NOT** USE CANNABIS WITHIN THE PAST 30 DAYS
- MORE THAN 50% OF 10TH GRADERS **DID NOT** DRINK ALCOHOL WITHIN THE PAST 30 DAYS
- **96% OF 10TH GRADE STUDENTS DID NOT** DRINK AND DRIVE WITHIN THE PAST 30 DAYS—AND **NO SENIORS** REPORTED DRINKING AND DRIVING
- 95% OF 8TH GRADE STUDENTS HAVE **NEVER USED** MARIJUANA
- 78% OF SENIORS AND 80% OF 8TH GRADE STUDENTS REPORTED STRONG FAMILY ATTACHMENT

Tri-County Health Network

NORWOOD COMMUNITY COALITION

- FACILITATE COMMUNITY DISCUSSIONS ABOUT SUPPORTING YOUTH
- FEBRUARY 21 COMMUNITY MEETINGS
- 50+ INVITEES
- DEVELOP PLAN TO CREATE A COMMUNITY COALITION TO SUPPORT NORWOOD YOUTH

Tri-County Health Network

ONLINE REGIONAL BEHAVIORAL HEALTH GUIDE

On line resource to find providers in our region

Searchable

Find it at www.tchnetwork.org
Click on : Programs Behavioral Health
Click on the link for the resource guide



Tri-County Health Network

UPCOMING EVENTS

- MENTAL HEALTH FIRST AID—FEBRUARY 13 AND FEBRUARY 17
- NATIONAL ALLIANCE FOR MENTAL ILLNESS—APRIL 3
- DR. JENNIFER GOLICK, MUIR WOODS REHABILITATION CENTER-MARIJUANA AND THE TEEN BRAIN—APRIL 26/27
- CDPHE-MARIJUANA AND YOUTH-MAY 2
- TELLURIDE EDUCATION FOUNDATION FILM AND TALK SERIES
 - MARCH 7TH—'ANGST' SCREENING
 - APRIL 25TH—'BIOLOGY OF STRESS' SCREENING
- NATIONAL PREVENTION WEEK—MAY 13-18



IMPORTANT INFORMATION

CONTACT INFORMATION
 Paul Reich, Behavioral Health
 Program Manager at Tri-County
 Health Network
 970-708-1012
 PMBH@TCHNETWORK.ORG

- National Suicide Prevention Hot Line: **1-800-273-TALK (8255)**
- Rocky Mountain Crisis Line: **1-970-252-6220**
- Colorado Crisis Support Line: **1-844-493-TALK (8255)**
 - Or Text **"TALK"** to **38255**
- Crisis Text Hotline: **TEXT 741741**