

# CONSUMER DRINKING WATER NOTICE

## [Town of Mountain Village] (PWSID CO0157400)

### IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

Town of Mountain Village voluntarily participated in proactive testing for a group of unregulated chemicals scientifically known as per- and polyfluoroalkyl substances or PFAS. The water sample results received on 4/7/2020 showed that certain PFAS chemicals, PFOA and/or PFOS, are present in the drinking water. The EPA has lowered the health advisories to foster partnerships to reduce exposure to PFAS. The Town of Mountain Village is working closely with the Colorado Department of Public Health and Environment (CDPHE) to understand and address this concern.

These human-made chemicals (PFAS) have been used in firefighting foam and other consumer products and can affect your health. For more information on PFAS, please visit the CDPHE website:

<https://cdphe.colorado.gov/pfas>

PFAS	Interim health advisory	The level in your water:	What this means:
PFOA	0.004 parts per trillion	0-2.6	This is above the health advisory. Consider taking action to reduce your exposure.
PFOS	0.02 parts per trillion	0-.6	This is below the health advisory.

These health advisories are set to protect all people, including sensitive populations and life stages (such as infants), from negative health impacts as a result of lifetime exposure to PFAS in drinking water.

The current health advisories for PFOA and PFOS are based on human studies in populations exposed to these chemicals. PFOA and PFOS can:

- Impact the immune system.
- Increase cholesterol.
- Decrease infant birth weight.
- Cause changes in liver function.
- Cause preeclampsia and high blood pressure during pregnancy.
- Cause effects on thyroid hormones.
- Increase the risk of kidney and testicular cancer (PFOA).

#### More vulnerable populations

Children ages 0-5 years, and people who are pregnant, planning to become pregnant, or breastfeeding are more susceptible to health impacts from these chemicals. Visit <https://cdphe.colorado.gov/pfas-health> for more information.

#### What actions should I consider? What does this mean?

- People do not need to stop drinking their water.
  - There is not an immediate public health risk, and people do not need to stop drinking their water at this time.
  - CDPHE will keep providing facts to help inform the public on the latest science.
  - There are certain higher risk groups that may want to reduce their exposure (ex: more vulnerable populations).
- People can reduce their exposure from drinking water by using water treated by an [in-home water treatment filter](#) that is certified to lower the levels of PFAS or by using bottled water

that has been treated with reverse osmosis for drinking, cooking, and preparing baby formula. Use tap water for bathing, showering, brushing teeth, washing hands, watering yards, washing dishes, cleaning, and laundry.

- Using bottled water is an individual choice, but there are important concerns with bottled water. CDPHE cannot verify that all bottled water is below PFAS interim health advisories. Reverse osmosis is a treatment that removes PFAS. We recommend people who use bottled water choose a brand that has been treated with reverse osmosis and includes this language on the bottle. Additionally, bottled water does not contain fluoride to support oral health and creates solid waste and other environmental concerns.
- Boiling, freezing, or letting water stand does not reduce PFAS levels.
- There are many sources of PFAS in the environment, people may consider reducing exposure from other sources. Visit <https://cdphe.colorado.gov/pfas-health> to learn more.
- If you have specific health concerns, talk to your doctor. An information sheet, “Talking to your health care provider about PFAS,” is available at <https://bit.ly/PFAS-doctor>.

### **What is Town of Mountain Village doing to address the situation?**

We are working to address this situation in coordination with CDPHE. We will continue to provide information about this situation. *The Town of Mountain Village has started and will be doing additional sampling with the US EPA to determine levels in the drinking water.* Additional PFAS information can be found at [www.colorado.gov/cdphe/pfas](http://www.colorado.gov/cdphe/pfas). For more information, please contact Robert Haining at 970-729-3419 or 411 Mountain Village Blvd. Mountain Village, Co 81435.

**If you have questions about this information, you can also contact CO HELP at 303-389-1687 or 1-877-462-2911.**

*Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, tenants, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in public places or by distributing copies by hand.*