



Agenda
Intergovernmental Work Session
Monday, August 12, 2024 @ 1:30 PM
Hybrid/Rebekah Hall, 113 W Columbia Ave

MEETING INFORMATION

This meeting will be held as a hybrid meeting. Unanticipated technological issues that prevent a meeting from being held as a hybrid meeting will not be grounds for cancelling the meeting. Remote participants are welcome to join the meeting by clicking [HERE](#).

Join by phone at (719) 359-4580 or (346) 248-7799; Meeting ID# 857 0774 8423; Password 469572.

CALL TO ORDER

ROLL CALL

**1. WORK SESSIONS
(1:30pm)**

- 1.a. Regional Greenhouse Gas Presentation - Kendra Held, EcoAction Partners (1:30pm)(30min)
- 1.b. Presentation of the Quality of Life Survey Results - Jamie Hurst, Tri County (2:00pm)(30min)
[KAF Quality of Life Presentation](#)
- 1.c. Discussion Of 2025 Regional Goals and Objectives - Zoe Dohnal, Town of Telluride (2:30pm)(30min)
- 1.d. 2024 Housing Needs Assessment Update – Courtney McEleney, San Miguel Regional Housing Authority (3:00pm)(15min)

ADJOURNMENT

TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE

Individuals with disabilities needing auxiliary aid(s) may request assistance by contacting Town Hall: address - 135 W Columbia, P.O. Box 397, Telluride; Phone- 970-728-2157; Fax - 970-728-2496; email tkavanaugh@telluride-co.gov. We would appreciate it if you would contact us at least 48 hours in advance of the scheduled event so arrangements can be made to locate requested auxiliary aid(s).



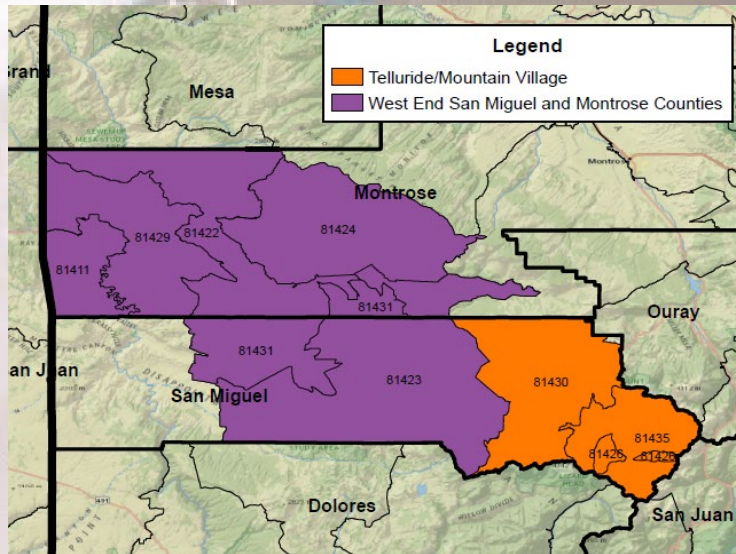
Quality of Life Survey Results

Full survey report & all graphs available

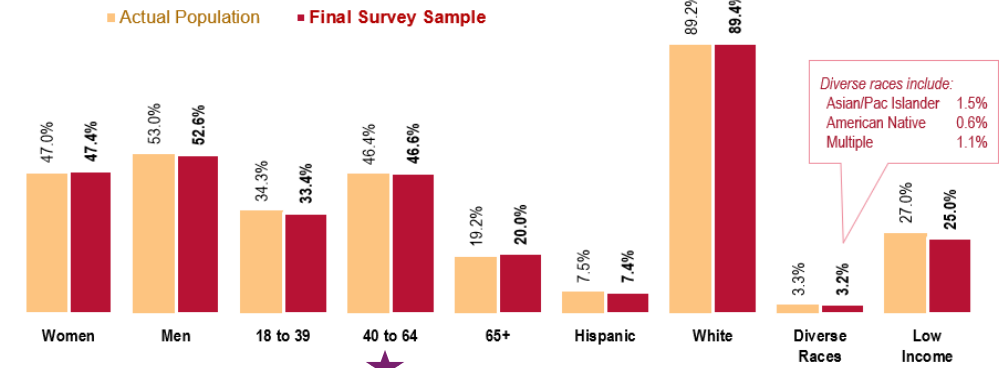


The Survey

- 42 questions measuring community engagement & behavioral health needs
- 606 total surveys completed



Population & Survey Sample Characteristics
(West Mountain Region)



Sources:

- US Census Bureau, 2016-2020 American Community Survey.
- 2024 PRC Community Engagement & Behavioral Health Survey; PRC, Inc.

Notes:

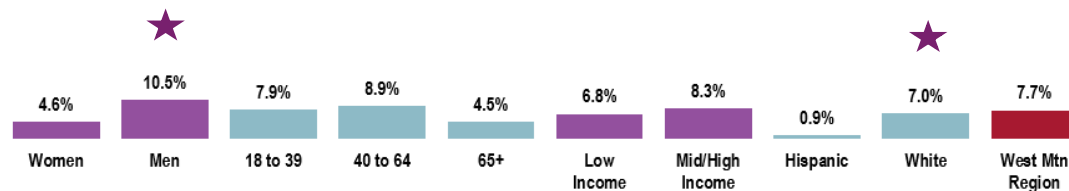
- "Low Income" reflects those living under 200% of the federal poverty level, based on guidelines established by the US Department of Health & Human Services.
- All Hispanic respondents are grouped, regardless of identity with any other race group. Race reflects those who identify with a single race category, without Hispanic origin. "Diverse Races" includes those who identify as Black or African American, American Indian or Alaska Native, Asian, Native Hawaiian/Pacific Islander, or as being of multiple races, without Hispanic origin.

Community Engagement

- Rating of community as a place to live
 - ~70% Excellent, Very Good
 - ~23% Good
 - 7.7% Fair, Poor (1.1%)

- How can we look at this in a new/different way?
- What norms are revealed here?

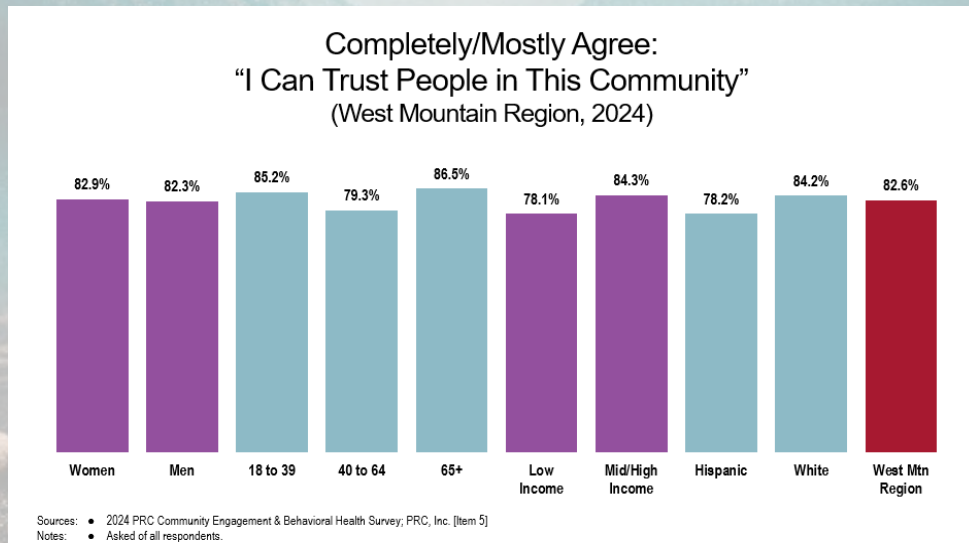
Perceive the Community as a “Fair” or “Poor” Place to Live
(West Mountain Region, 2024)



Sources: • 2024 PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 4]
Notes: • Asked of all respondents.

Community Engagement

- Trust
 - 82.6% completely, mostly
 - 17.4% Somewhat, not at all(2%)



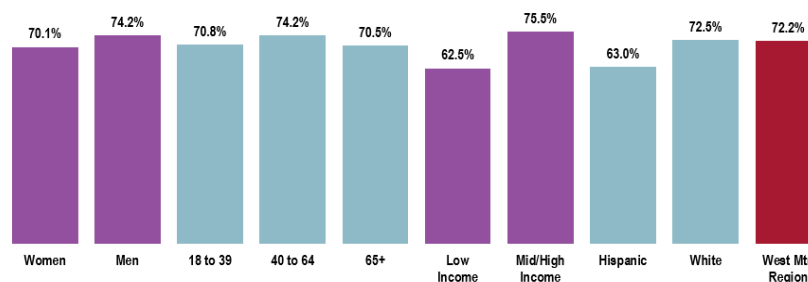
- How can we look at this in a new/different way?
- What norms are revealed here?
 - Trust is the norm **across all groups** on the x axis
 - Lower in the West End but still a majority

Community Engagement

- Time and effort into being a part of the community
 - 72.2% Completely, Mostly
 - 26.2% Somewhat, 1.6% Not At All

- How can we look at this in a new/different way?
- What norms are revealed here?
 - Trying to be a part of the community is the norm
 - Higher in some areas, yes, but...
 - Lower in West End, lower with low income
 - Is this a product of the way we define being a part of the community & would we see a different result if we asked a different question?

Completely/Mostly Agree: "I Put a Lot of Time and Effort Into Being Part of This Community"
(West Mountain Region, 2024)



Sources: • 2024 PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 6]
Notes: • Asked of all respondents.

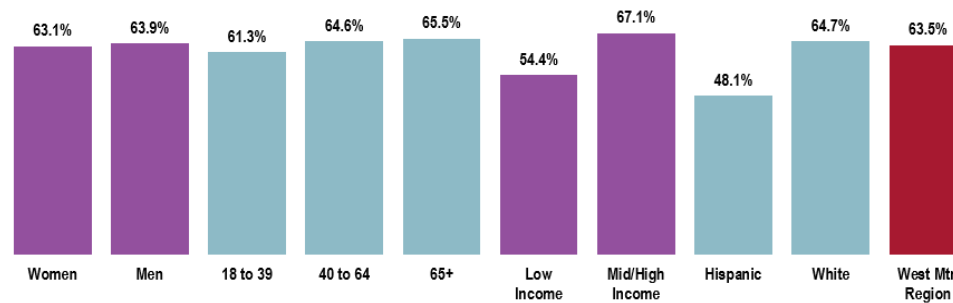
Community Engagement

- Identity

- 30.5% Completely
- 33% Mostly
- ~30% Somewhat
- ~7% Not at all

- How can we look at this in a new/different way?
- What norms are revealed here?

Completely/Mostly Agree:
“Being a Member of This Community Is Part of My Identity”
(West Mountain Region, 2024)



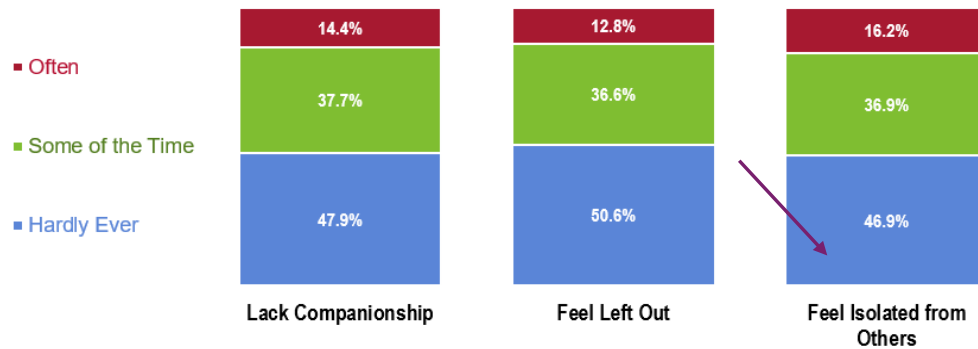
Sources: • 2024 PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Item 7]
Notes: • Asked of all respondents.

Social Connections & Loneliness

- Loneliness
 - 41% considered Lonely

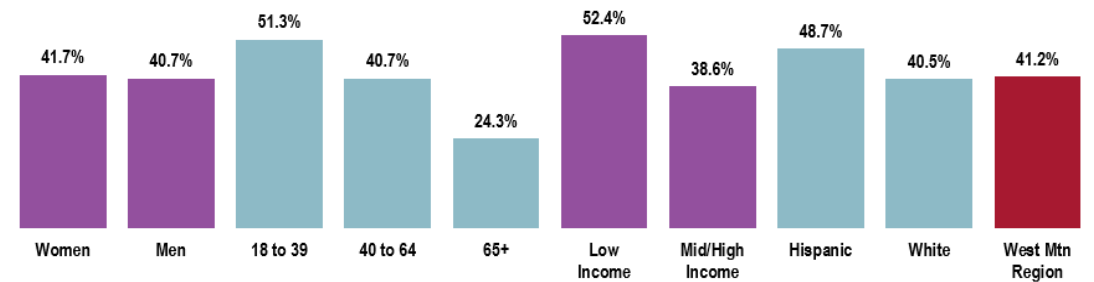
- How can we look at this in a new/different way?
- What norms are revealed here?

Loneliness Factors
(West Mountain Region)



Sources: • 2024 PRC Community Engagement & Behavioral Health Survey; PRC, Inc. [Items 8-10]
Notes: • Asked of all respondents.

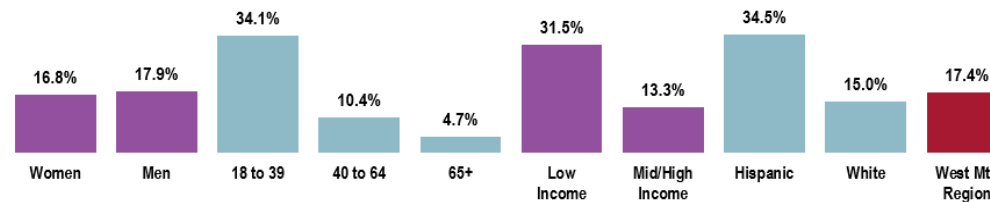
★ Lonely
(West Mountain Region, 2024)



Housing Instability

- Worrying about steady living for the next 6 months
 - 17.4% strongly/somewhat agree
 - More so in Telluride/MV
- How can we look at this in a new/different way?
- What norms are revealed here?

Strongly/Somewhat Agree: "I Worry About Having a Steady or Consistent Place to Live for the Next Six Months"
(West Mountain Region, 2024)



Food Insecurity

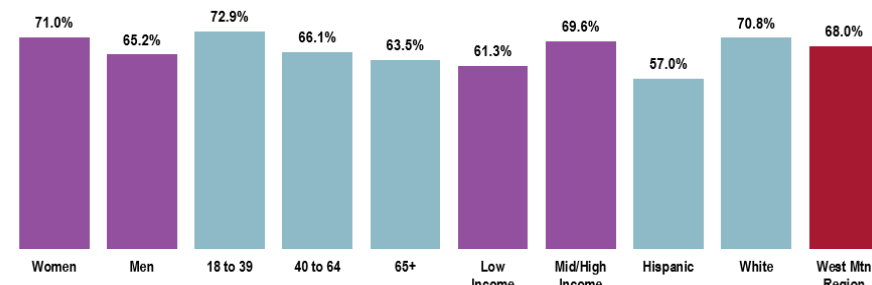
- Ran out of food without resources to buy more
 - 18.4% often, sometimes
 - ~33% nationally
 - Most often reported by women, adults aged 18-39, Hispanic residents, and low-income households
- How can we look at this in a new/different way?
- What norms are revealed here?

Mental Health: Community Attitudes

- People...are generally caring & sympathetic to people with mh concerns
 - 18.7% Strongly agree
 - 49.3% Somewhat agree
 - ~20% Neither agree/disagree*
 - 9% Somewhat disagree
 - 3.5% Strongly disagree
 - Lower in the West End at 57.4%

- How can we look at this in a new/different way?
- What norms are revealed here?
 - The norm is that the community is caring
 - *What about these in-betweens?

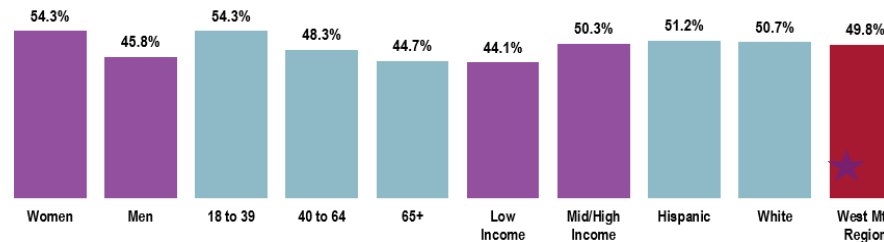
Strongly/Somewhat Agree: "People in This Community Are Generally Caring and Sympathetic to People With Mental Health Concerns"
(West Mountain Region, 2024)



Mental Health: Community Attitudes

- “It is easy for residents to talk about mental health or emotional challenges”
 - 8% Strongly agree
 - 41.8% Somewhat agree
 - 27.3% Neither*
 - 16.5% Somewhat disagree
 - 6.4% Strongly disagree
 - Lower in the West End
- How can we look at this in a new/different way?
- What norms are revealed here?
 - Community perception vs personal belief

Strongly/Somewhat Agree: “It Is Easy for Residents to Talk About Mental Health or Emotional Challenges”
(West Mountain Region, 2024)

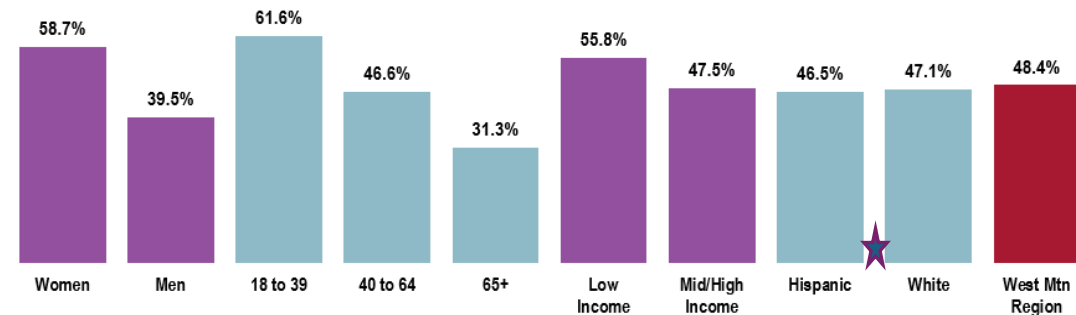


Mental Health: Personal

- Days of poor mental health (stress, depression, problems with emotion)
 - 32.8% None
 - 18.8% 1 to 2
 - 48.4% 3 or more /30 days
 - Higher in Telluride/MV, among women and adults 18-39

- How can we look at this in a new/different way?
- What norms are revealed here?

Three or More Days of Poor Mental Health in the Past Month
(West Mountain Region, 2024)

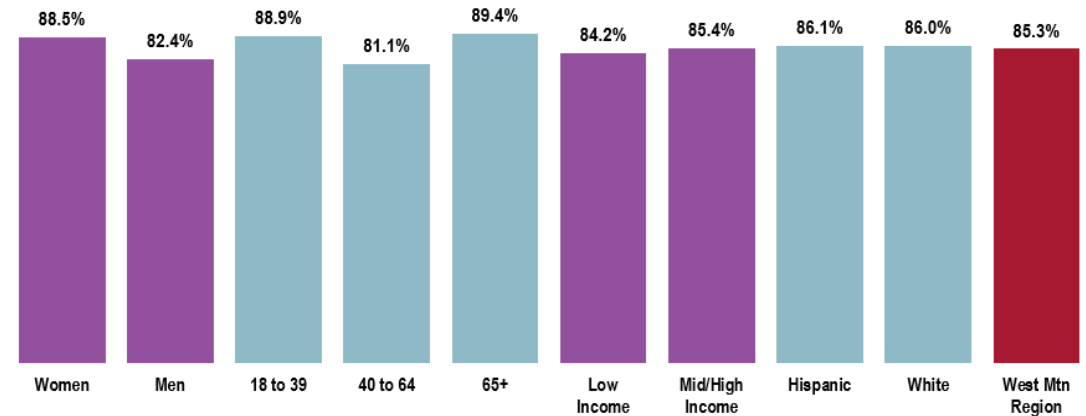


Mental Health: Resources

- Awareness of Resources
 - ~79% aware of local resources for Mental Health
 - Slightly lower in West End, among Hispanic residents, & low income
- Likelihood of Using Local Resources
 - ~43% Very likely
 - ~43% Somewhat likely
 - ~15% Not Likely
 - ~86% likely to use services but perceive it being difficult to talk about

- How can we look at this in a new/different way?
- What norms are revealed here?

“Very/Somewhat” Likely to Seek
Mental Health Services Locally if Needed in the Future
(West Mountain Region, 2024)



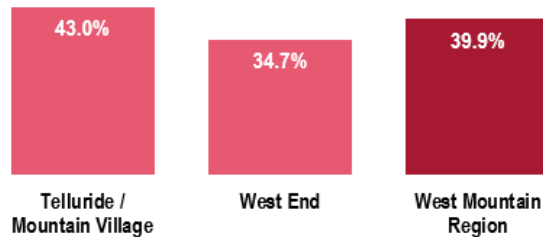
Mental Health: Resources

- 40% need services
 - 32% unable to find (68% were)

- How can we look at this in a new/different way?
- What norms are revealed here?

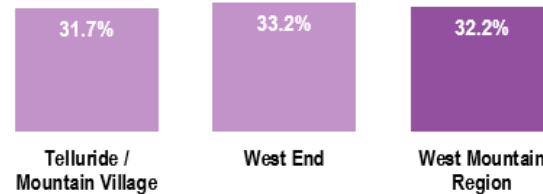
Have Needed Mental Health Services in the Past Year (2024)

- Type of service sought:
- Counseling/therapy
 - Psychiatry
 - Substance use



NOT Able to Get the Services Needed (Among Those Needing Services, 2024)

- Top reasons for not getting needed services:
- Cost
 - Didn't know where to go
 - No time
 - Concerns about confidentiality
 - Not available

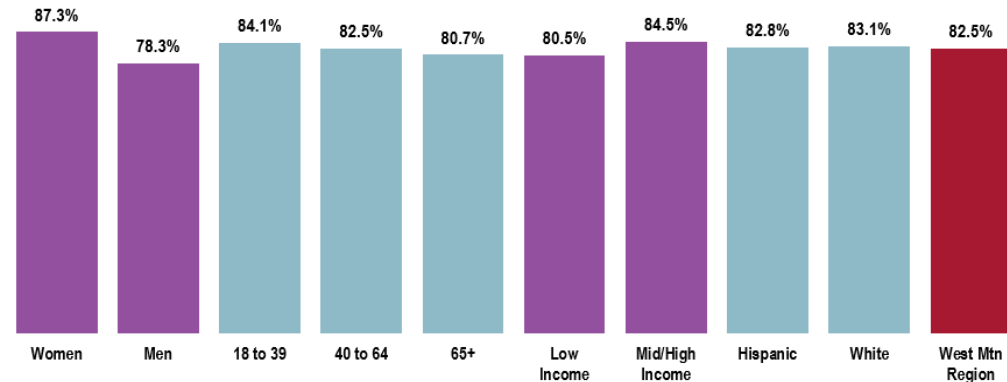


- Greatest challenge to overall health & well-being?
 - 16.6% Nothing
 - 10.4% Income
 - ~20% Stress (Work + Family)
 - ~10% Physical Health
 - ~7% Isolation/Loneliness
 - 6.6% Mental Health
 - 6.5% Employment/Security
 - 6.4% Housing
 - ~12% Various other specifics
 - ~6% Unsure

Mental Health: Resources

- Using teletherapy
 - ~43% Very likely
 - ~40% Somewhat likely
 - 17.5% Not likely
 - No difference between West End & Telluride/MV
- How can we look at this in a new/different way?
- What norms are revealed here?

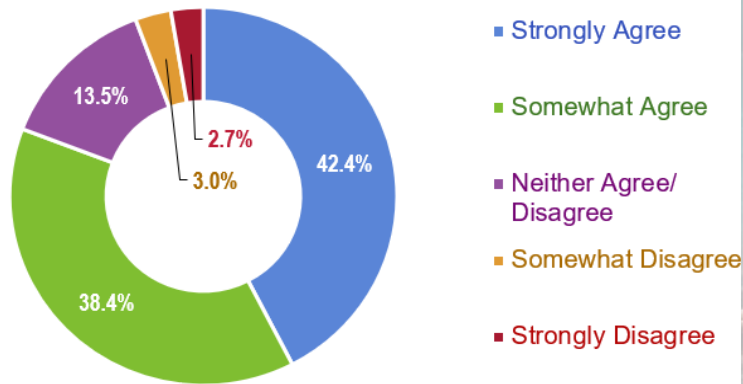
“Very/Somewhat” Likely to Use Teletherapy for Mental Health or Substance Abuse Support
(West Mountain Region, 2024)



Substance Use: Alcohol

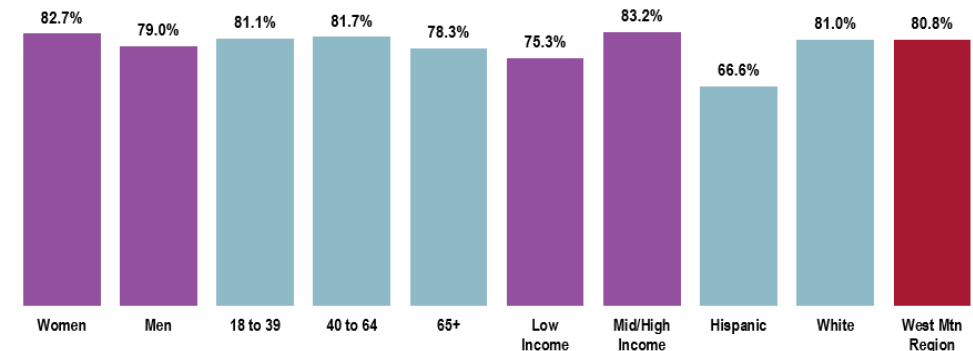
- Community Perceptions

“For Most People in This Community,
Alcohol Is Important to Social Life”
(West Mountain Region)



- How can we look at this in a new/different way?
- What norms are revealed here?
 - Is the perceptive norm the true norm?

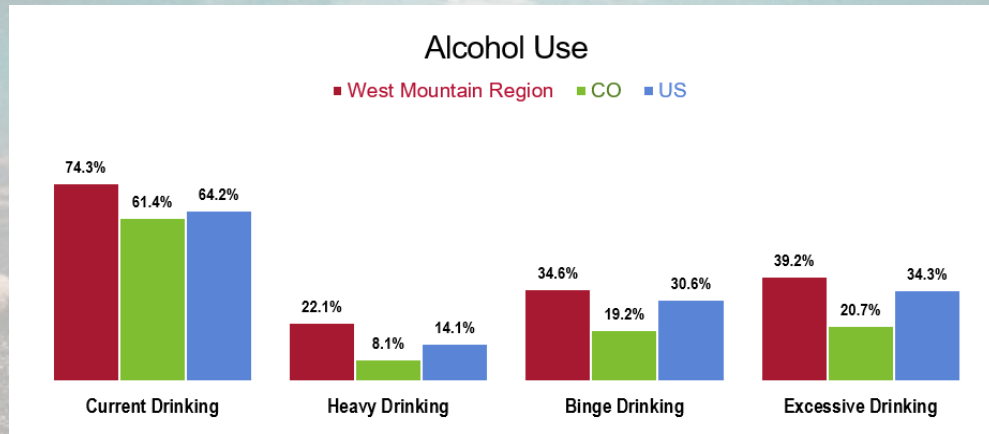
Strongly/Somewhat Agree: “For Most People in This Community,
Alcohol Is Important to Social Life”
(West Mountain Region, 2024)



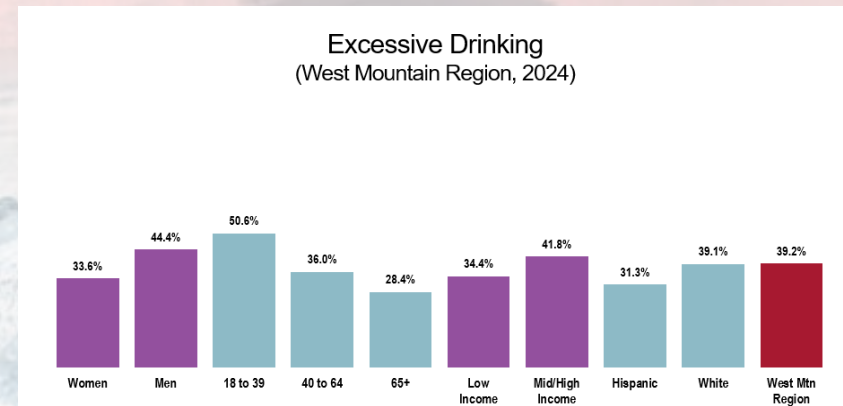
Substance Use: Alcohol

- Personal Use

- Current: at least 1 drink in the last 30 days
- Heavy: More than 2 per day/1 per day in the last 30 days
- Binge: 5 or more/4 or more on a single occasion
- Excessive: heavy or binge in the last 30 days



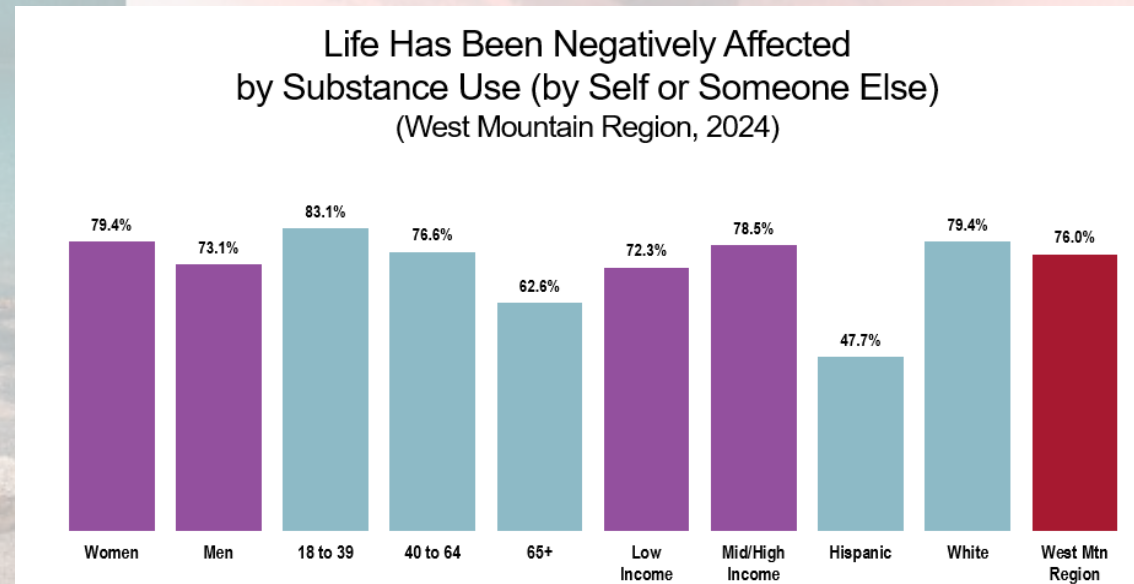
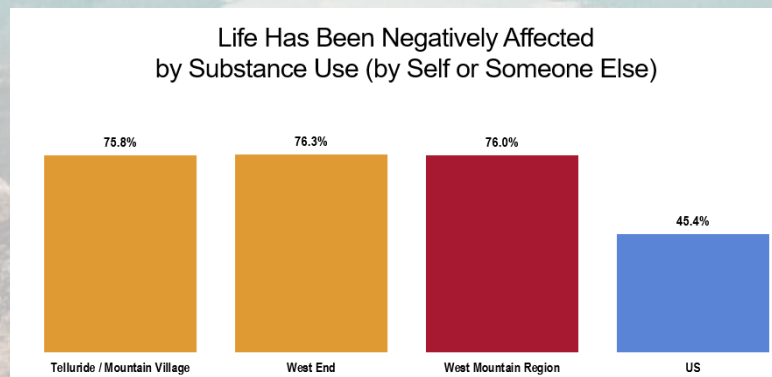
- How can we look at this in a new/different way?
- What norms are revealed here?
 - Is the perceptive norm the true norm?
 - 80% say important, majority not heavy drinking, binge, or excessive



Substance Use: Personal Impacts

- Degree to which life has been negatively affected by substance use (self or other)
 - 23.3% A great deal
 - 30% Somewhat
 - 22.6% A little
 - 24% Not at all

- How can we look at this in a new/different way?
- What norms are revealed here?



So....?



Shared Measurement Framework
Dashboard – KAF Tableau

- PRC Key Findings

- *High engagement & identity in communities*
- *Housing instability and food insecurity around 20%*
- *4/10 are lonely*
- *A majority believe the community is sympathetic but less feel it is **easy** for residents to discuss**
- *High number of poor mental health days*
- *Majority aware of resources and most say they would likely see them*
- *About 1/3 of those who needed mental health services last year were unable to find them*
- *Alcohol strongly associated with community life**
- *40% engage in “excessive drinking”*
- *Substance use has a high level of impact*

Future Leverage Points- there is room to highlight the positive norms in our community and correct misperceptions