

## Town of Mountain Village

## Suicide Prevention Awareness Month Proclamation In Recognition of the 2024 Suicide Prevention Awareness Month

This Proclamation recognizes suicide as a national and statewide public health problem, and suicide prevention as a national and statewide responsibility and designates **September 2024** as "**Suicide Prevention Awareness Month**" in the Town of Mountain Village, Colorado.

- WHEREAS, suicide is the 11th leading cause of death in the United States and in 2023, our region experienced 33 deaths by suicide, predominantly middle to late aged white males (CDPHE);
- WHEREAS, in the United States 49,476 people died by suicide in 2022, equivalent to one death every 11 minutes (Centers for Disease Control and Prevention (CDC));
- WHEREAS, in 2022, 13.2 million adults seriously thought about suicide, 3.8 million adults made a plan for suicide, and 1.6 million adults attempted suicide (CDC);
- WHEREAS, in 2022, Colorado had the 10th highest suicide rating of states in the United States -1,293 people died by suicide in Colorado (CDC);
- WHEREAS, organizations such as Tri-County Health Network are dedicated to saving lives and bringing hope to those affected by suicide through research, education, advocacy, and resources for those who have lost someone to suicide or who struggle, and urge that we:
  - 1. Recognize suicide as a preventable national and state public health problem, that there is no single cause of suicide, that anyone can experience suicidal thoughts, and that recovery from suicidal ideation is possible.
  - 2. Acknowledge that no single suicide prevention program or effort will be appropriate for all populations or communities and address the disparity in access to mental healthcare for underserved and underrepresented group while advocating to end these disparities.
  - Encourage initiatives based on the goals contained in the Colorado-National Collaborative for Suicide Prevention and our local Suicide Prevention, Awareness, and Recovery Coalition (SPARC).
  - 4. Develop and implement strategies to improve and increase access to quality mental health, substance abuse, and suicide prevention services and programs as well as support Postvention Plans for a community response to a death by suicide.
  - 5. Support the efforts of SPARC in fostering connection and spreading the message that **Hope Lives Here**.

THEREFORE, be it resolved that, we, the Town Council of the Town of Mountain Village, do hereby designate September 2024 as

**Suicide Prevention Awareness Month** 

in the Town of Mountain Village, Colorado.

Dated this 19th day of September 2024

| Martinique | Prohaska, | Mayor |  |
|------------|-----------|-------|--|
|------------|-----------|-------|--|